



Free Corporate Eye Check up Camp

Organized by Department of
Optometry, SVU

At Tega Industries Limited
Kalyani

7th and 10th March 2025



Corporate Eye Check-Up Camp Report

Organized by the Faculties of Swami Vivekananda University, Department of Optometry

Location: Tega Industries Limited, Kalyani

Dates: 7th & 10th March 2025

Led by: Dr. Prabirendranath Sinha, Dr. Manas Chakraborty, Sourav Karmakar, Arup Saha

Introduction

A Corporate Eye Check-Up Camp was organized by the Department of Optometry, Swami Vivekananda University, at Tega Industries Limited, Kalyani, on the 7th and 10th of March 2025. The camp aimed to provide employees of Tega Industries with a comprehensive eye examination and raise awareness about eye health. The event was led by a team of highly qualified optometry professionals, including Dr. Prabirendranath Sinha, Dr. Manas Chakraborty, Sourav Karmakar, and Arup Saha.

Objectives

The primary objectives of the eye check-up camp were as follows:

To offer free eye check-ups to all employees of Tega Industries.

To detect any early signs of common eye disorders such as refractive errors, cataracts, glaucoma, and other vision-related issues.

To provide employees with relevant advice on maintaining good eye health and preventing eye strain.

To raise awareness about the importance of regular eye examinations in the workplace.

Team Composition

The camp was facilitated by the following faculty members from the Department of Optometry, Swami Vivekananda University:

Dr. Prabirendranath Sinha – Experienced optometrist and lead facilitator of the camp.

Dr. Manas Chakraborty – Specialist in optometry and eye health.

Mr. Sourav Karmakar – Optometry professional, actively involved in patient examination and consultation.

Mr. Arup Saha – Optometry faculty, assisting in vision tests and providing guidance on eye care practices.

Camp Activities and Procedure

The camp was structured as follows:

Initial Screening:



Employees were first registered and asked to fill out a basic health questionnaire. This allowed the team to understand any pre-existing conditions or concerns related to their eye health.

Comprehensive Eye Examination:

Vision Tests: Participants underwent standard visual acuity tests to determine if they needed corrective lenses.

Refraction Test: For identifying refractive errors such as myopia, hypermetropia, and astigmatism.

Fundus Examination: To check the health of the retina, optic disc, and blood vessels in the eye.

Intraocular Pressure Test: To detect early signs of glaucoma.

Binocular Vision and Coordination: To check for any issues related to eye alignment and movement.

Consultation and Recommendations:

Following the examinations, employees were provided with one-on-one consultations with the optometrists. If necessary, recommendations were made for corrective lenses or follow-up consultations with a specialist for further assessment.

Awareness Session:

An educational session was conducted on maintaining good eye health, including tips on preventing eye strain, managing screen time, and maintaining proper lighting in the workplace.

Outcomes and Impact

Number of Employees Checked: A total of 150 employees participated in the camp over the two days.

Identified Issues: Several participants were found to have undiagnosed refractive errors, and a few were referred for further investigation of possible conditions such as glaucoma and cataracts.

Feedback: Feedback from employees indicated high satisfaction with the camp's organization and the quality of care provided. Many employees expressed appreciation for the free services and valuable insights on eye care.

Conclusion:

The Corporate Eye Check-Up Camp at Tega Industries Limited was a resounding success, providing employees with an opportunity for early detection of potential eye health issues. The event not only served its primary purpose of offering free eye examinations but also helped in educating the workforce about the importance of eye care. The participation of experienced optometrists from Swami Vivekananda University played a key role in ensuring the success of the camp.

We hope to continue such initiatives in the future to promote better eye health and awareness in the corporate sector.

We are thankful to Dr. Nandan Gupta sir, Chancellor, Swami Vivekananda University for his immense support; Prof. (Dr.) Subrata Kumar Dey sir, Vice Chancellor, Swami Vivekananda University for making us reach new heights; Prof. (Dr.) Pinak Pani Nath Sir, Registrar, Swami Vivekananda University for guiding us and Mr. Saurabh Adhikari sir, Chief Operating Officer, Swami Vivekananda University being with us since the beginning.



Image Gallery

